

## Pre-Employment Transition Services

# Work Skills Trainer Factsheet



## Workplace Readiness

### What is Pre-ETS?

Pre-Employment Transition Services (Pre-ETS) are a **coordinated set of activities** for students with disabilities and WIOA potentially eligible youth. A **method** to access job training and education opportunities for people who have traditionally faced barriers. A **facilitation of movement** from school to post-school activities based on individual need, considering strength, preferences and interests

Pre-ETS is **provided at no cost** to the student, family, or educational institution. Pre-ETS is funded through a grant from the Oklahoma Department of Rehabilitation Services (DRS) and is made available through the National Center for Disability and Employment Training (NCDET) / University of Oklahoma Outreach.

### Our Focus



#### Introduction to Self-Advocacy

Increase the ability to effectively communicate, convey personal interests and needs, and learn about self-determination by helping the student learn more about themselves, their disability, and how to present themselves responsibly.



#### Work-Based Learning

An educational approach that uses the workplace to provide students with the knowledge and skill understanding that will help them connect school experiences to real-life work activities and future career opportunities.



#### Post-Secondary Education Counseling

Assist the student to achieve academic goals during high school and explore various types of college and job training programs, including branches of the military.



#### Job Exploration Counseling

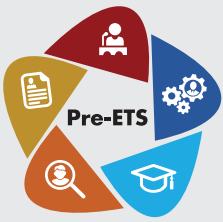
Explore the world of work and career options to foster motivation, consideration of opportunities, and informed decision-making skills using assessments, interest inventories, and in-demand occupation information.



#### Workplace Readiness

To prepare students for the workplace with soft skills training and independent living skills that are necessary for most jobs.





## What is a Work Skills Trainer?

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**Work Skills Trainers (WST) assists individuals with a documented disability, ages 16-21, to gain and maintain employment.**

A WST **teaches skills, reinforces learned skills, and sets up accommodations** to increase the student's independence and ability to **meet the employer's expectations.**

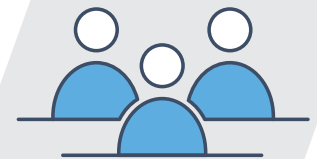
A WST can help with **personal development**, such as improving communication skills, hygiene, interviewing, and advocating for oneself.

As a WST, **our goal is to problem-solve** and be an **active listener** to **prepare students for the workforce.**

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## We work with students to:

- Identify Interests and Skills
- Research Employment Opportunities
- Develop Resume
- Practice Interview Skills
- Provide On-The-Job Training and Support



Work Skills Trainers

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## How Do I Request a Work Skills Trainer?

To request services, contact us at [pre-ets@ou.edu](mailto:pre-ets@ou.edu) or visit our website at

**[transitionok.org](http://transitionok.org)**



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